

Women hospitalized after severe dog bite



Rinchen Angmo Chumikchan

TUKCHA: In yet another incident of dog bite case, a 48-year-old woman was badly injured on 30th July morning after she was attacked by a group of a stray dog at Tukcha. The incident took place around 5:00 in the morning.

Dr Padma Diskit, Consultant Surgeon said, "When she was brought here she was in shock due to excess blood loss. Later we shifted her to ICU & conducted the surgery. It was a Grade III dog bite case. The whole body is injured including legs and limbs. The scalp and face are badly injured. Presently, she is fine and will be discharged soon."

"Looking at her mental status we are keeping her under observation & she will be giving counselling in between. On an average 3-4 case, dog bite cases are reported daily at SNM Hospital. The most vulnerable places are Skara, Skampari and Housing Colony," she added.

According to SNM Hospital data, 297 dog bite cases including 176 males and 121 female have been reported till January 2015 till the end of July.

"Fortunately there is no case of Rabies outbreak in Ladakh otherwise it could be hazardous," she added. Rabies is a zoonotic disease (a disease that is transmitted to humans from animals) that is caused by a virus.

Treatment

If bitten by a dog, one should immediately and thoroughly wash the wound as soon as possible with soap and water for approximately five minutes. The first dose of rabies vaccine should be given as soon as possible after exposure.

Vaccine dose

One vaccine for prevention and five injections after exposure to the disease. One dose of human rabies immunoglobulin (HRIG) and four doses of rabies vaccine over a 14-day period.

THE KEY IS TO SEEK MEDICAL HELP IMMEDIATELY

WHAT TO DO IF A DOG BITES YOU



- Do not apply erudkam paal, coffee powder, mud or cow dung on the wound
- Do not tie a piece of cloth/bandage above the bite
- Wash the wound with soap under running water for 15 minutes

- Apply antiseptic solution and consult a doctor immediately
- Take the anti-rabies vaccine and injectable solution of immunoglobulin
- Complete the course, which has four or five doses, even if the wound heals
- Do not consume alcohol while on the medication

AND TO PREVENT GETTING BITTEN...



If an unknown stray dog is near you, do not move, stand still like a tree



Do not go near a dog when it is eating or drinking



If the dog pounces on you, curl up and lie down and cover your face/neck with your hands, avoid eye-to-eye contact with it



Do not go near an injured old dog or when dogs are with their puppies



Do not intervene when dogs are fighting and do not disturb sleeping dogs

Children of Zanskar depicts their life in the book Kamerkidz: Winter in Zanskar



WINTER IN ZANSKAR

Kamerakidz

Reach Ladakh Correspondent

ZANSKAR: A photographic book titled Kamerkidz: Winter in Zanskar has been published by Yangla Press and is now available for the public.

Nana Ziesche, a German photographer and a travel agent has been working on this project- Kamerakidz along with the children of the Secpad-School in Zanskar since 2011. She provided the children with donated digital cameras to capture their day to day life during winters in

their villages.

The photos in the book have been taken by eighteen children living in Zanskar aged 14 to 18 from the villages around Karsha and Youlsum.

Nana Ziesche said, "I am excited, how the children now manage in collective work independently to get together a good amount of documentary photos, which don't have to hide behind the ones of established photographers. The point of view of the children is direct, inventive and

often carried by a composition which one isn't expecting in a region with nearly any photography at all. All photos in this book are original and not cut! These photos are also sold as calendars and postcards. The purchase benefits of these items directly go the children of Zanskar."

The children of Zanskar depicts the simple lives of their people living against all odds in the harsh winter through this photographic book. The book is available in German and English.

Diversity in Education: Seminar held on alternative Education

Rinchen Angmo Chumikchan

CHOGLAMSAR: A one day seminar on Alternative education was organized by Socially Engaged

